



COURSE ITEM CHECKLIST

There aren't many specific items you'll need for this course, but this is a printable list in case you want to hunt down a few optional items before they're mentioned in their specific modules.

LARGE PAD OF PAPER - you're going to want lots of room to sketch out ideas in Module 1, so either invest in a large presentation pad, grab a large-size artist's sketchbook, or have several pieces of blank paper on hand.

PLENTY OF PENS AND/OR MARKERS

YOUR FAVORITE QUIET, MEDITATIVE MUSIC - During Module 2, you may want quiet music on hand.

A WAY TO LISTEN TO EACH MODULE'S PODCASTS - Each module has an audio recording to guide you through the lesson, so you'll want a computer, laptop, mobile phone, or other way to both access the module and have audio capabilities. For most people, this won't be a problem, but know that the audio portions of each module are an essential part of the lesson.

A LAMINATOR - this is **definitely** optional, but you may want to print and laminate a few resources in Module 5, such as team chore charts and a reusable meal planner.

A JOURNAL OR OTHER SKETCHBOOK - You may want to have your ideas on hand through the year and often a blank journal that's in a style you know you love provides more inspiration than the blank pages I provide in a few places through the course.